

Strategies for Assisting Adults with Developmental Disabilities and Their Caregivers

A Training For . . .

*Advocates, Service Providers, Families
and Professionals*

Wednesday, August 20, 2003

9:00 a.m. till 4: 15 p.m.

Tukwila Community Center
12424 24th Avenue South

Training Hosts

- ♦ Aging and Disability Services
Administration/Department of Social
and Health Services
- ♦ Alzheimer's Association of Western and
Central Washington
- ♦ The Arc of King County
- ♦ The Arc of Washington State
- ♦ Washington Association of Area Agencies
on Aging
- ♦ Washington State Developmental
Disabilities Council

A Grant from the US Administration on Aging to The Arc of the United States Supports This Training

Why Attend?

Family caregivers provide over 80% of all long-term care for older adults with disabilities!

Families and other caregivers need up-to-date information to help support adults with developmental disabilities as they age. This training offers current and practical information and resources to help provide better support for family caregivers and adults with developmental disabilities.

In addition, staff working in the aging and developmental disabilities networks will learn about the different service systems and ways to better work together.

Who Should Attend?

Advocates, case managers, social workers, service providers, caregivers, and family members helping or supporting individuals with developmental disabilities.

Schedule

8:30 Registration

9:00 Welcome

9:10 Aging and Developmental Disabilities Coming Together

Kathy Leitch, Assistant Secretary,
Aging and Disability Services
Administration, Department of Social &
Health Services

9:30 A National Overview on Developmental Disabilities and Aging by National Experts

- Demographic and population growth issues
- Aging changes affecting people with developmental disabilities
- Service structure for older adults

Matthew P. Janicki, Ph.D, Research Associate Professor at the Institute of Disability and Human Development at the U. of Illinois (Chicago); Philip McCallion, Ph.D, Associate Professor, School of Social Welfare and Director of the Center for Excellence in Aging Services at the U. at Albany; and DiAnn Baxley, Director of Project Training and Research, Center on Intellectual Disabilities at the U. of Albany.

10:30 Break

10:45 Concerns of Families

- What do caregivers want? Philip McCallion
- A family caregiver shares her experience
- The National Family Caregiver Support Program in Washington State-Hilari Hauptman

12:15 Lunch

Networking and Video, "Dementia and People with Intellectual Disabilities: What Can We Do?"

1:00 Supports for Families Caring for People with Developmental Disabilities

DiAnn Baxley

- Financial supports, planning and legal issues
- Using Medicaid and other resources
- Coalitions and networks

2:15 What's happening in our State?

- Lifespan Respite—Kari Cunningham-Rosvik, Respite & Crisis Care Coalition of Washington State
- Senior Family Caregiver Program—Nancy Meltzer, The Arc of King County
- Washington State Developmental Disabilities Endowment Trust Fund—Patti Bell, The Arc of Washington State
- Family Caregiver and Respite Care Services—Hilari Hauptman, Aging & Disabilities Services Administration
- Powerful Tools for Caregiving—Susy Favaro, Northshore Senior Center

3:30 What's Next?

4:15 Evaluation and Wrap Up

Strategies for Assisting Adults with Development Disabilities and Their Caregivers Pre-register by August 6, 2003

Please register only one person per registration form. Photocopy form for additional attendees.

Name: _____ Phone: (____) _____

Agency: _____

Address: _____

City/County/Zip: _____

FAX: (____) _____ Email: _____

Please check the appropriate boxes below. Registration fee includes lunch, refreshments, handouts, and training.

I am a family or individual caregiver or advocate:

- ☐ Family Caregiver
- ☐ Volunteer Caregiver
- ☐ Individual Provider (not working for an agency)
- ☐ An Advocate



\$10.00 Fee

I work for an agency as:

- ☐ DSHS employee
 - ☐ Developmental Disabilities: Region # _____
 - ☐ Home & Community Services : Region # _____
 - ☐ Residential Services : Region # _____
- ☐ Area Agency on Aging Employee: PSA # _____
- ☐ Other Social Services or Health Professional
- ☐ An In-Home or Personal Care Agency Provider
- ☐ Other: _____



\$25.00 Fee

Special Accommodations

☐ I need special accommodations to attend this conference (e.g., special seating, listening devices, etc.). Every effort will be made to provide reasonable accommodations for people with disabilities. You will be contacted by conference staff. **Describe help needed:**

Meal selection

- ☐ I prefer a vegetarian meal.

TOTAL ENCLOSED \$ _____ *

*** No refunds after August 6, 2003**

Please make checks payable to: The Arc of Washington State

Please mail this registration to: The Arc of Washington State
2600 Martin Way East, Suite D
Olympia WA 98506

For questions call: Hilari Hauptman, 1-800-422-3263

Strategies for Assisting Adults with Development Disabilities and Their Caregivers

August 20th, Tukwila Community Center

Registration Information

Register Early: *Space is limited!* Registrations are accepted on a first come, first served basis. Pre-registration deadline is August 6, 2003. Late registration will be accepted as space allows. After August 6, 2003, an additional "late fee" of \$5.00 per person will be requested. There will be no registration the day of the training.

Confirmation: A written confirmation with directions will be mailed for registrations received by August 6, 2003. If you haven't received your confirmation letter by August 14, 2003, please call The Arc of Washington at 1-888-754-8798 or 360-357-5596 (ext. 104). Bring your confirmation letter along to simplify registration.

Group Registration: Registration forms may be photocopied as needed. Payment may be combined and attached to multiple registration forms stapled together. Be sure to indicate the agency name on the form and the check.

Cancellation: Fee is refundable if request is made by August 6, 2003. No refunds after this date.

Training Location

Tukwila Community Center, 12424 42nd Avenue South, Tukwila, Washington. The center is approximately one mile off I-5, exit #156 and five miles from Sea-Tac Airport. Special guest room rates, breakfast and free shuttle service to the Community Center are available at the nearby Best Western South Center Hotel at a rate of \$79.00 plus tax for overnight guests. The reduced rates will be offered until one week prior to the training. For reservations, please call the Best Western at 1-800-544-9863. Tell the reservations desk you are attending the Developmental Disabilities and Aging Caregiver Training.

Aging & Disability Services Administration
PO Box 45600
Olympia, WA 98504-5600